

## **PLACEMENT TITLE : SOCCER / FOOTBALL TRAINER**

### **PROJECT LOCATION: MOSHI**

**A soccer trainer at YAAPHA** should have played soccer during his/her academic education and be up-to-date regarding all the soccer rules and regulations in his/her own country and agreeable to learn the soccer rules and regulations in Tanzania upon arrival in said country.

**The soccer trainer must be** a mature individual who demonstrates sportsmanship through example and enjoys teaching all aspects of the game of soccer.

#### ***Activity Description.***

##### **1. Soccer Trainer Program**

A soccer trainer volunteer for the teams at Pasua and Mbokomu would be responsible to develop and implement a soccer training program for children/youth of all age groups. The teams consist of both males and females. The volunteer can usually choose which gender they prefer to work with.

##### **2. Championship Games**

The soccer teams at the Pasua and Mbokomu wards have championships games at the end of June every year. A soccer trainer volunteer would be responsible to help develop a team attitude with the children/ youth when playing the game and a mature approach when the team wins or loses.

##### **3. Nutrition**

A soccer trainer volunteer is the coach for the team and as such should include in their program not only the physical training necessary for success but also the importance of good nutrition to keep their bodies healthy. The volunteer must keep in mind the types of food that are country oriented and are affordable for these children/youths.

##### **4. Fundraising**

A soccer trainer volunteer would be responsible to develop and implement fundraising campaigns. Funding is always needed for sport uniforms, shoes and soccer equipment. Integrate the children/ youths in these fundraising endeavor whenever possible.

##### **5. Administration**

Any soccer trainer volunteers will be expected to log and report any incidents/accidents or any other concerns to the facility duty manager. Volunteers would also keep accurate records of the people who attended the lectures and sport classes and the progress of each individual who participated.

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### **ACCOMMODATION**

All volunteers will stay in a volunteer house. Volunteers can expect to share a room with 1 to 4 other volunteers of the same gender. The volunteer house can accommodate up to 45 volunteers at one time.

Rooms have a lot of space and are of high quality. We have hot showers and permanent water supply, electricity and security 24/7. Wi-Fi and Satellite TV are available.

Bedding and towels will be provided. Housekeeping and laundry are offered 3 times a week.

Our accommodation is located in Moshi Town, 10 minutes away from the City Center, and 500 meters away from public transportation.

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## **MEALS**

We provide 3 meals per day: Breakfast, Lunch, and Dinner.

Breakfast usually consists of toast, eggs, noodles, tea, or coffee. Lunch includes local or western foods and dinner often includes chicken curry, pasta, noodles etc. We provide bottled drinking water for the whole duration of the trip (3 liters per day/per person).

If you have any special dietary requirements, please let us know so we can make arrangements for you. We will do our best to see that you are well taken care of, but as a volunteer, there is a need to be flexible.

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## **HERE'S HOW YOUR TYPICAL DAY WOULD LOOK:**

**7 am to 7:30 am:** Breakfast

**7:30 am:** Organized Transport to your placement

**8 am to 12 pm:** Volunteer Work at schools

**12 pm to 1 pm:** Lunch at Volunteer house

**1 pm to 2 pm:** Break

**2 pm to 4 pm:** Volunteer Work at school.

**4 pm to 5 pm:** Break

**5 pm to 6 pm:** Swahili Class for all of our volunteers

**6 pm to 7 pm:** Break

**7 pm:** Dinner

*\*Volunteers have the weekends off*

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## **LOCAL EXCURSIONS AND SIGHTSEEING**

We provide a free excursion to the local waterfalls. {Ndoro Waterfall in Marangu- under the roof of mount Kilimanjaro}

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## **SUPPORT**

-Volunteers will get a free local SIM card so they can keep in touch with us and their family.

-We provide support and assistance to our volunteers 24/7 while they are here.

-The hospital is 15 minutes away from the volunteer house, and 25 minutes away from the placement.

-We have our own vehicle and will provide service to the hospital if needed.

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**WHAT'S INCLUDED IN THE FEE?**

Accommodation  
3 Meals a Day  
Orientation  
Local Excursions  
Pick Up/Drop Off  
Hospital Transport  
Wifi & Satellite

**WHAT'S NOT INCLUDED IN THE FEE?**

**The following is not included in the fee:**

- Flights
  - Insurance: participants are encouraged to consult a travel clinic and/or their personal physician to discuss recommended immunizations for Tanzania
  - Visa, if needed
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